NBS Self Reflection Form

Introduction

The purpose of this weekly assessment tool is to provide you with a mechanism to perform self-analysis so you can reflect on your general progression throughout your training journey.

Questions

How well have you been able to use the technologies and tools you have learnt this week to solve a problem?

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

How well would you be able to explain the concepts you have learnt this week to a peer?

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

How well have you been able to present ideas and concepts within group work this week?

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

How well have you managed your time effectively this week?

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

General Analysis

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| Strengths |
| *What went well this week? Made some decent project progress, I've got the physical entites for the front, back and database there I've just got to tweak them so they do the right things and talk to each other really. And jazz it up a bit if time allows.* |
| Weaknesses |
| *What did not go so well this week?*  *Working with HTML has proved to be somewhat of a nightmare what with the lack explanation of errors you get with it... With the GCP stuff yesterday I found that it wouldn't load anything at all on Chrome when I switched over to Windows to do the MySQL stuff, so that kind of slammed on the brakes with progress yesterday (29/10).* |
| Improvement |
| *What could you do better next week? (SMART target)*  **Goal: Have more success with HTML.**  **How it will be measured: Have my site for my project functioning as I intended it to.**  **Deadline: Monday** |

Additional trainer comments

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| **To be completed by the Trainer:**  *Have you got any additional comments on the trainee for this week?* |